



TECHNICAL MANUAL

PANAMERICAN COMBINED EVENTS CUP

MEN'S DECATHLON

WOMEN'S HEPTATHLON

(Hosting 2 Separate Entry Divisions of Combined Events Competition)

OTTAWA, ONTARIO, CANADA



TERRY FOX ATHLETIC FACILITY



May 26 - 27, 2012





2012 Panamerican Combined Events Cup

**Terry Fox Athletic Facility, Ottawa, ON - Canada
May 26-27, 2012**

Association of Panamerican Athletics - Executive Council

President: Victor Lopez (Puerto Rico)
Vice-President: Ciro Solano (Columbia)
Treasurer: Alain Jean Pierre (Haiti)
Members: Esther Maynard (Barbados)
Rob Guy (Canada)
Claude Blackmore (Guyana)
Marcos Oviedo (Venezuela)

www.americasathletics.org

Local Organizing Committee

LOC Chairman: Andy McInnis
Meet Director: Ken Porter / Andy McInnis
Official's Manager: Vincent Fay
Facilities Manager: Matt Perkins
Athletics Canada: Nicole Clarke
Logistics: Ryan Rowat
Volunteers Manager: Andrew Page
Results / Web Site: Ottawa Lions Timing & Results

PANAMERICAN COMBINED EVENTS CUP, OTTAWA, CANADA, MAY 26-27, 2012



1. COMBINED EVENTS COMPETITIONS

1. The **Men's Decathlon** consists of ten events, which shall be held on two consecutive days in the following order:

First day: 100m; Long Jump; Shot Put; High Jump; 400m.

Second day: 110m Hurdles; Discus Throw; Pole Vault; Javelin Throw; 1500m

2. The **Women's Heptathlon** consists of seven events, which shall be held on two consecutive days in the following order:

First day: 100m Hurdles; High Jump; Shot Put; 200m.

Second day: Long Jump; Javelin Throw; 800m.

3. The Panamerican Combined Events Cup will be governed by IAAF Rules (2012-2013). Technical matters will be resolved according to the IAAF rules and regulations. The Local Organizing Committee will resolve general matters unforeseen in these regulations.
4. ***An additional Combined Events Division will also be hosted*** on the same days with separate flights and starting times. This DIVISION will be comprised of OPEN entry athletes and athletes from Ontario and the rest of Canada taking part in the Athletics Ontario Combined Events Championships. This Division may also be entered by athletes not designated to represent their Federation in the Panamerican Cup or athletes without the required entry standard.

2. PARTICIPANTS

1. All Member Federations from NACAC and CONSUDATLE are eligible to participate in the Panamerican Combined Events Cup. The qualifying standards for the Panamerican Combined Events Cup are as follows:

Decathlon – 6800

Heptathlon – 4500

The qualifying period runs from January 1, 2011 to May 1, 2012.

2. Each Country will have a limit of three male athletes and three female athletes in the Panamerican Cup. An athlete shall compete for the country of his/her citizenship (as determined by IAAF Rules).
3. Other Athletes in addition to those entered in the Panamerican Cup and those who have not achieved the Panamerican Cup qualifying standards may still compete in the "OPEN / ATHLETICS ONTARIO CHAMPIONSHIP DIVISION".

PANAMERICAN COMBINED EVENTS CUP, OTTAWA, CANADA, MAY 26-27, 2012



3. REGISTRATION

1. Preliminary Registration – All countries shall complete and return the preliminary entry form (electronically) by Monday, April 30, 2012 (4:00pm EST)
2. Final Registration – All countries shall complete and return the final entry form (electronically) by Friday, May 11, 2012 (4:00pm EST)

4. ACCOMMODATIONS AND MEALS

1. The Organizing Committee shall provide up to 4 nights accommodation for each Panamerican Cup athlete (based on double occupancy). Additional nights may be booked at the cost to the delegation. We request that whenever possible, all team / athlete arrivals are scheduled to arrive in Ottawa, Ontario, Canada on Thursday, May 24th or earlier
2. The Organizing Committee shall provide up to 4 nights accommodation for each Federation team official (based on double occupancy) based on the following quota system:
 - 1-2 Athletes = 1 Team Official
 - 3-4 Athletes = 2 Team Officials
 - 5-6 Athletes = 3 Team Officials

Additional team officials and/or nights may be booked at the cost to the delegation.

Additional room night costs will be available at the rate of \$65.00 Canadian (based on double occupancy).

3. Meals will be covered for athletes and team officials for up to 3 days, starting on May 25 – 26 – 27. A Continental breakfast will be served at the hotel for athletes and staff from 7:00 AM to 10:00 AM. A per diem of \$40 per day will be supplied for lunch and dinner to those athletes and staff who are covered by the Organizing Committee.
4. Athletes and team officials will be accommodated at:
Saint Paul University Residence & Conference Centre
201 Main Street, Ottawa, ON K1S 5T8
(613) 236-3131 / www.stayrcc.com
5. Federation delegates must notify the Local Organizing Committee (LOC) of their arrival date, time and flight number, by Friday, May 18, 2012.



4. TRANSPORTATION

1. It is recommended that all teams fly into the Ottawa International Airport (YOW). The LOC will provide transportation to and from the Championship accommodations from this airport only.
2. LOC Representatives will meet all delegations at the Ottawa International Airport. They will be immediately transported to the Championship accommodations.
3. Transportation will be provided between the Championship accommodations and the stadium for training on Friday, May 25 (between 2:00 PM and 5:00 PM) and for the competition days of May 26 and 27.
4. Delegations will be returned from the accommodations to the Ottawa International Airport on Monday, May 28.
5. Delegations must notify the Local Organizing Committee (LOC) of their arrival date, time and flight number, by Friday, May 18, 2012 so transportation can be arranged.

5. COMPETITION VENUE

1. The Panamerican Combined Events Cup will take place at Terry Fox Athletic Facility, Mooney's Bay Park, 2960 Riverside Drive, Ottawa:

Lanes – 8
Surface – Mondo Super X
2 - LJ runways – Mondo
2 - PV runways – Mondo
2 - SP circles – Concrete
2 - DT circles – Concrete
2 - JT runways – Mondo

Spike lengths – 7mm for all events ** Proper replacement spikes will be available for those athletes whose footwear is not compliant. Organizers will NOT BE RESPONSIBLE for the changing of spikes**

2. The warm-up facilities will be a grassed soccer pitch adjacent to the track, which also includes a 3 lane 90 meter straightaway (Mondo) with adjacent washrooms and medical area.

6. COMPETITION PROCEDURES

1. **Medical Information:** On-site medical and physiotherapy services will also be available at the track with emergency treatment being available should it become necessary. It is expected that major medical treatment, if found necessary, will be borne by the individual and/or by the Association he/she represents. International medical insurance is strongly recommended to all Federation representatives.

PANAMERICAN COMBINED EVENTS CUP, OTTAWA, CANADA, MAY 26-27, 2012



2. **Doping Control:** The NACAC, the CONSUDATLE and the Organizing Committee shall reserve the right to conduct anti-doping tests considered necessary in compliance with the Anti-Doping Control requested by IAAF rules. All competitors must be available for testing when requested.
3. **Technical Meeting:** The Technical Meeting will take place at 12:00 PM on Friday, May 25, 2012 at Saint Paul University Residence and Conference Centre. The room number will be posted in the main entrance area. Translation will be provided consecutively in Spanish. Translation in both French and Portuguese will be provided if requested in advance (24 hours notice).
4. **Technical Information Centre (TIC):** The exact location of the Technical Information Centre (TIC) will be identified at the Technical Meeting scheduled for Friday, May 25, 2012 at the Championship accommodations.
5. **Confirmation:** Upon arrival each team will be provided with a set of Entry lists to confirm their entries and individual event seed performances. These sheets must be filled out and submitted at the Technical Meeting at 12:00 PM.
6. **Competition Bibs:** Championship Bibs with the athlete's name and federation country will be provided. The bibs are to be worn visibly on both the front and back of the athlete's singlet / uniform (except when competing in the high jump and/or pole vault events).
7. **Start Lists and Official Results:** Starting Lists will be posted daily at the TIC; a copy will be given to the Team Leaders. Results and scoring updates will be posted once each event has been concluded. All results will be posted by LIVE RESULTS on Athletics Canada's web site and the Championship Home Page.
8. **Athlete Control Centre (ACC):** The ACC will be located within the vicinity of the Track and will be properly identified during the Technical Meeting. All athletes must report to the ACC bearing their Championship identification and competition bibs as provided by the LOC. Dress must be the official uniform approved by their national federation.
9. **Vertical Jump Starting Heights:** Starting heights in the high jump and pole vault will be provided at the Technical Meeting. The Height progression in high jump will be 3 cm and in pole vault 10cm throughout the competition.
10. **Specific Provisions:** Among the specific provisions of Article 200 of the IAAF for multiple events, the following are included:
 - a. Scores will be according to the enforce score Tables (2001 edition) of the IAAF for multiple events.
 - b. Athletes' scores will be announced for each event and the cumulative score of competitors at the end of each event.
 - c. The winner of the competition will be the one with highest point total. In case of tie, the athlete who has won the higher number of events base on point score will be the winner. Should the tie continue, the athlete with the highest number of points in an event will be considered the winner.



- d. Athletes will have three (3) attempts in throwing and long jump events.
- e. Regarding the false start, athletes will be disqualified as of the second infraction.
- f. The rest time between events will be a minimum of thirty (30) minutes.

11. **Jury of Appeal:** The Jury of Appeal will be announced at the Technical Meeting.

12. **Protests:** Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (**IAAF Rule 146**). The athlete or an authorized representative shall make any protest verbally in the first instance to the Referee on his/her behalf. The Referee may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Organizing Committee, signed by a responsible official on behalf of the athlete and accompanied by a deposit of US \$100.00, refundable if appeal is upheld (**IAAF Rule 146/5**)

A copy of the protest shall be given to the official presenting the protest. The copy will detail the time and date of the protest and the payment of the above-mentioned rate.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be made available in the TIC.

7. PRIZE MONEY

1. Prize Money (USD) for the Panamerican Combined Events Cup (Decathlon and Heptathlon) will be as follows:

Place	Awards
1	\$ 2,000.00
2	\$ 1,000.00
3	\$ 800.00
4	\$ 600.00
5	\$ 400.00
6	\$ 200.00

8. AWARDS

Medals will be presented for athletes as follows:

- 1st Place: Gold Medal
- 2nd Place: Silver Medal
- 3rd Place: Bronze Medal



9. GENERAL INFORMATION

1. Entry Requirements: A valid passport and valid return ticket are required to gain entry into Canada. The Organizing Committee will provide letters of support for athletes coming from countries for which a visa is required for entry into Canada.
2. Decathlon Pole Vault: Poles from the LOC / Local Club will be made available for rental to decathletes from other federations at a cost of \$250 per athlete. Federations should directly contact the LOC for an inventory of poles and to make arrangements at meetentry@ottawalions.com
3. Currency: The currency used in Canada is the Canadian Dollar (CAD). The rate of exchange is approximately CAD \$1.00 to USD \$1.00.
4. For more information on the Association of Panamerican Athletics visit www.americasathletics.org



Combined Events Competition Schedule

Tentative Schedule (as of March 1st, 2012)

The Final Meet Schedule will be revised based on entries and presented at the Technical Meeting on Friday, May 25th and posted on the Championship Web Site

Decathlon – Day 1 - (May 26th)

Division	100m	Long Jump	Shot Put	High Jump	400m
Open / Ontario	10:30 AM	11:30 AM	12:30 PM	1:30 PM	TBA
Panamerican Cup	2:00 PM	3:00 PM	4:00 PM	6:00 PM	TBA

Decathlon – Day 2 - (May 27th)

Division	110mH	Discus	Pole Vault	Javelin	1500m
Open / Ontario	9:30 AM	10:30 AM	12:00 PM	3:30 PM	TBA
Panamerican Cup	12:30 PM	1:30 PM	3:00 PM	5:30 PM	TBA

Heptathlon – Day 1 - (May 26th)

Division	100mH	High Jump	Shot Put	200m
Open / Ontario	10:00 AM	11:00 AM	1:30	TBA
Panamerican Cup	2:30 PM	3:30 PM	5:00 PM	TBA

Heptathlon – Day 1 - (May 26th)

Division	Long Jump	Javelin	800m
Open / Ontario	10:30 AM	11:30 AM	TBA
Panamerican Cup	1:00 PM	2:15 PM	TBA

PANAMERICAN COMBINED EVENTS CUP, OTTAWA, CANADA, MAY 26-27, 2012



**PRELIMINARY ENTRY FORM
PANAMERICAN COMBINED EVENTS CUP
OTTAWA, ONTARIO CANADA
MAY 26 & 27, 2012**

PRELIMINARY TEAM ENTRIES:

**PRELIMINARY ENTRIES to be submitted no later than 4:00 pm (EST), FRIDAY, April 30, 2012
TO ATHLETICS CANADA – FAX (613) 260-0341
OR EMAIL TO: NICOLE CLARKE – COORINDATOR, EVENTS & MEMBERSHIP
nclarke@athletics.ca**

COUNTRY:

Male Athletes	Female Athletes	Team Staff	TOTAL
e.g. 3	3	4	10

Expected Arrival Date:

Expected Departure Date:



**ENTRY FORM
PANAMERICAN COMBINED EVENTS CUP
OTTAWA, ONTARIO CANADA
MAY 26 & 27, 2012**

FINAL ENTRIES TEAM STAFF:

FINAL ENTRIES to be submitted no later than 4:00 pm (EST), **FRIDAY, May 11, 2012**
TO ATHLETICS CANADA – FAX (613) 260-0341
OR EMAIL TO: NICOLE CLARKE – COORINDATOR, EVENTS & MEMBERSHIP
nclarke@athletics.ca

COUNTRY:

Surname	First Name	Date of Birth			POSITION (COACH, MANAGER, OR MEDICAL)
		Year	Month	Day	
e.g. SMITH	JANE	1984	02	02	COACH