

FEDERACION MEXICANA DE ASOCIACIONES DE ATLETISMO, AC
PRESELECCION VARONIL CON MARCA MINIMA PARA EL PANAMERICANO JUVENIL SUB 20, 2013
ATLETAS NACIDOS EN 1994-1995-1996
ACTUALIZADO AL 22 DE OCTUBRE DEL 2012

PRUEBA	MARCA ULTIMOS PANAMERICANOS 3o.lugar	MINIMA PROPUESTA "A"	MARCA ULTIMOS PANAMERICANOS pase a la final 8o.lugar (pista) 6o. Lugar (campo)	MINIMA PROPUESTA "B"	ATLETAS MAS CERCANOS A MARCAS MINIMAS (2012-2013)	
100 mts.	2007 - 10.40 2009 - 10.30 2011 - 10.25	10.25	2007 - 10.67 2009 - 10.47 2011 - 10.48	10.47	10.57 10.62	Cesar Ramirez, 94, SIN, (2012) Ivan Moreno, 95, SON, (2012)
200 mts	2007 - 21.20 2009 - 20.79 2011 - 20.82	20.79	2007 - 21.36 2009 - 21.42 2011 - 21.36	21.36 Juan Carlos Alanis, 94, VER, 21.13, (2012)	21.83	Ivan Moreno, 95, SON, (2012)
400 mts.	2007 - 46.27 2009 - 46.61 2011 - 46.69	46.27	2007 - 48.23 2009 - 47.72 2011 - 48.25	47.72 Ricardo Jimenez, 95, PUE, 47.31, (2012)	47.34	Jose de Jesus Fraire, 94, CHIH, (2012)
800 mts.	2007 - 1:49.17 2009 - 1:48.99 2011 - 1:49.88	1:48.99	2007 - 1:51.82 2009 - 1:51.76 2011 - 1:53.93	1:51.76	1:52.40 1:52.42	Ricardo Jimenez, 95, PUE, (2012) Bryan Martinez, 94, VER, (2012)
1,500 mts.	2007 - 3:56.87 2009 - 3:48.45 2011 - 3:53.29	3:48.45	2007 - 3:57.84 2009 - 3:57.04 2011 - 3:55.97	3:55.97 Edgar Alan Garcia, 94, VER, 3:54.16, (2012)	3:58.50	Bryan Martinez, 94, VER, (2012)
5,000 mts.	2007 - 14:34.23 2009 - 14:14.57 2011 - 14:58.51	14:14.57	2007 - 14:41.25 2009 - 14:37.20 2011 - 15:48.38	14:37.20	14:51.59 14:58.80	Osmar Pacheco, 94, DF, (2012) Victor Montañez, 94, MICH, (2012)
10,000 mts.	2007 - 31:28.28 2009 - 31:48.35 2011 - 31:21.42	31:21.42	2007 - 32:53.88 2009 - 32:33.79 2011 - 33:58.58	32:33.79	32:38.71 33:05.23	Ricardo Garcia, 94, MEX, (2012) Carlos Gomez, 94, GTO, (2012)
110 c/v (0.99 mts)	2007 - 13.61 2009 - 13.41 2011 - 13.97	13.41	2007 - 14.71 2009 - 14.03 2011 - 14.12	14.03 Cesar Ramirez, 94, SIN, 13.78, (2012)	14.45	Farid Diosdado, 95, NAY, (2012)
400 c/v (0.91 mts)	2007 - 51.38 2009 - 50.61 2011 - 52.47	50.61	2007 - 55.42 2009 - 53.21 2011 - 55.12	53.21	54.57 55.38	Hector Gomez, 94, CHIH, (2012) Jesus Fuentes, 94, BC, (2012)
3,000 mts. Steeple	2007 - 9:08.19 2009 - 9:14.77 2011 - 9:15.94	9:08.19	2007 - 9:40.76 2009 - 9:24.53 2011 - 9:43.61	9:24.53	9:51.62 9:54.65	Missael Macias, 94, ZAC, (2012) Adrian Teran, 94, CHIH, (2012)
Altura	2007 - 2.05 2009 - 2.10 2011 - 2.15	2.15	2007 - 2.00 2009 - 2.05 2011 - 2.05	2.05 Arturo Abascal, 95, VER, 2.10, (2012)	2.05 2.05	Adrian Rivera, 94, SON, (2012) Alan Medina, 94, NAY, (2012)
Garrocha	2007 - 4.70 2009 - 4.85 2011 - 4.85	4.85	2007 - 4.50 2009 - 4.60 2011 - 4.75	4.75	4.71 4.35	Raul Rios, 95, PUE, (2012) Andres Velez, 94, SON, (2012)
Longitud	2007 - 7.44 2009 - 7.66 2011 - 7.34	7.66	2007 - 7.15 2009 - 7.35 2011 - 6.79	7.35	7.17 6.96	Irving Basoria, 94, QRO, (2012) Antonio de Jesus Hernandez, 96, QRO, (2012)
Triple	2007 - 15.81 2009 - 15.89 2011 - 15.93	15.93	2007 - 15.11 2009 - 15.37 2011 - 15.44	15.44	14.96 14.78	Antonio de Jesus Hernandez, 96, QRO, (2012) Angel Villalobos, 94, BCS, (2012)
Bala (6 Kg)	2007 - 18.20 2009 - 19.00 2011 - 18.29	19.00	2007 - 16.98 2009 - 18.43 2011 - 17.22	18.43	16.54 14.15	Mario Alberto Lozano, 95, NL, (2012) Pedro Angel Covarrubias, 94, SON, (2012)
Disco (1.75 Kg)	2007 - 54.80 2009 - 57.18 2011 - 57.24	57.24	2007 - 51.80 2009 - 54.35 2011 - 54.20	54.35	49.34 44.46	Marvin Raciél, 94, CHIH, (2012) Abraham Parra, 94, NAY, (2012)
Martillo (6 Kg)	2007 - 63.15 2009 - 68.22 2011 - 66.62	68.22 Diego del Real, 94, NL, 74.37, (2012)	2007 - 57.14 2009 - 62.70 2011 - 59.32	62.70 Abraham Parra, 94, NAY, 67.49, (2012)		
Jabalina (800 gr)	2007 - 70.68 2009 - 65.83 2011 - 72.25	72.25	2007 - 60.67 2009 - 62.98 2011 - 69.65	69.65	60.84 60.39	David Carreon, 94, BC, (2012) Alan Avila, 94, UNAM, (2012)
Decatlón	2007 - 6369 2009 - 6764 2011 - 7118	7118	2007 - 5883 2009 - 6380 2011 - 6624	6624	5984 5578	Luis Raul Torres, 94, DGO, (2012) Daniel Ruiz, 94, BCS, (2012)
10,000 mts Caminata	2007 - 44:09.01 2009 - 42:46.89 2011 - 42:00.88	42:00.88 Jesus Tadeo Vega, 94, MEX, 41:05.59, (2012)	2007 - 45:08.79 2009 - 43:27.04 2011 - 44:38.17	43:27.04 Erwin Gonzalez, 94, DF, 42:16.95, (2012)		
4 x 100 mts	2007 - 40.40 2009 - 40.06 2011 - 40.26	40.06	2007 - 42.25 2009 - 41.60 2011 - 42.49	41.60	41.30	Chihuahua, (2012)
4 x 400 mts	2007 - 3:06.17 2009 - 3:09.05 2011 - 3:14.96	3:06.17	2007 - 3:10.78 2009 - 3:13.18 2011 - 3:16.73	3:10.78	3:13.07	México, (2012)

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ACTUALIZADO AL 22 DE OCTUBRE DEL 2012

PRUEBA	MARCA ULTIMOS PANAMERICANOS 3o.lugar	MINIMA PROPUESTA	MARCA ULTIMOS PANAMERICANOS pase a la final 8o.lugar (pista) 6o. Lugar (campo)	MINIMA PROPUESTA	ATLETAS MAS CERCANOS A MARCAS MINIMAS (2012-2013)	
100 mts.	2007 - 11.47 2009 - 11.51 2011 - 11.46	11.46	2007 - 11.78 2009 - 11.66 2011 - 11.69	11.66	11.89 12.08	Iza Daniela Flores, 94, SIN, (2012) Mariana Gonzalez, 96, BC, (2012)
200 mts	2007 - 23.26 2009 - 23.93 2011 - 22.97	22.97	2007 - 24.35 2009 - 25.16 2011 - 24.11	24.11 Iza Daniela Flores, 94, SIN, 24.10, (2012)	24.69	Regina Tavera, 96, JAL, (2012)
400 mts.	2007 - 51.91 2009 - 53.93 2011 - 53.81	51.91	2007 - 54.68 2009 - 56.00 2011 - 56.09	54.68 Regina Tavera, 96, JAL, 54.60, (2012)	55.16	Iza Daniela Flores, 94, SIN, (2012)
800 mts.	2007 - 2:08.13 2009 - 2:05.19 2011 - 2:07.68	2:05.19	2007 - 2:09.10 2009 - 2:13.40 2011 - 2:14.41	2:09.10	2:11.09 2:11.19	Veronica Cibrian, 94, JAL, (2012) Hannia Palafox, 95, BC, (2012)
1,500 mts.	2007 - 4:24.92 2009 - 4:31.76 2011 - 4:37.17	4:24.92	2007 - 4:42.57 2009 - 4:53.46 2011 - 4:51.63	4:42.57	4:43.79 4:44.41	Ruby Rivera, 96, IMSS, (2012) Fernanda Banda, 95, CHIH, (2012)
3,000 mts.	2007 - 9:56.33 2009 - 10:04.92 2011 - 9:41.70	9:41.70	2007 - 10:50.12 2009 - 10:32.44 2011 - 10:11.32	10:11.32	10:27.94 10:37.30	Katia Jimenez, 95, TLAX, (2012) Karina Bautista, 95, MICH, (2012)
5,000 mts.	2007 - 17:47.81 2009 - 17:04.91 2011 - 17:00.10	17:00.10	2007 - 18:31.46 2009 - 17:51.37 2011 - 17:49.16	17:49.16	18:06.50 18:13.09	Estefany Paredes, 94, IPN, (2012) Eliza Hernandez, 94, TLAX, (2012)
100 mts. c/v (0.84 mts)	2007 - 13.85 2009 - 13.44 2011 - 13.34	13.34	2007 - 14.19 2009 - 14.18 2011 - 13.99	13.99	14.28 14.56	Georgina Tamez, 94, NL, (2012) Valeria Aguilar, 95, UNAM, (2012)
400 mts. c/v (0.762 mts)	2007 - 57.21 2009 - 58.92 2011 - 59.10	57.21	2007 - 1:01.14 2009 - 1:03.07 2011 - 1:01.16	1:01.14	1:02.38 1:04.18	Cristina Martinez, 94, DF, (2012) Valeria Aguilar, 95, UNAM, (2012)
3000 mts. steeple	2007 - 10:52.08 2009 - 10:56.22 2011 - 10:52.14	10:52.08	2007 - 11:12.67 2009 - 11:56.48 2011 - 11:13.74	11:12.67	11:34.17 12:18.51	Eliza Hernandez, 94, TLAX, (2012) Ana Rosa Gomez, 94, JAL, (2012)
Altura	2007 - 1.73 2009 - 1.76 2011 - 1.80	1.80	2007 - 1.73 2009 - 1.70 2011 - 1.70	1.73	1.68 1.66	Gabriela Castañeda, 94, CHIH, (2012) Paola Garcia, 94, NL, (2012)
Garrocha	2007 - 4.10 2009 - 4.00 2011 - 3.80	4.10	2007 - 3.60 2009 - 3.60 2011 - 3.70	3.70	3.50 3.30	Victoria Lopez, 94, QRO, (2012) Alba Silva, 94, MEX, (2012)
Longitud	2007 - 6.10 2009 - 5.98 2011 - 5.92	6.10	2007 - 5.86 2009 - 5.48 2011 - 5.50	5.86 Cinthia Moreno, 94, MICH, 5.86, (2012)	5.60	Lydia Rodríguez, 95, NL, (2012)
Triple	2007 - 12.87 2009 - 12.76 2011 - 12.83	12.87	2007 - 12.58 2009 - 11.89 2011 - 11.89	12.58	12.25 11.91	Cinthia Moreno, 94, MICH, (2012) Lydia Rodríguez, 95, NL, (2012)
Bala (4.000 Kg)	2007 - 13.96 2009 - 15.69 2011 - 15.03	15.69	2007 - 13.06 2009 - 14.15 2011 - 14.20	14.20	12.20 11.93	Rosario Alvarez, 94, VER, (2012) Ana Karen Guerrero, 96, DGO, (2012)
Disco (1 Kg)	2007 - 45.20 2009 - 48.01 2011 - 52.39	52.39	2007 - 38.98 2009 - 44.95 2011 - 48.12	48.12	38.34 37.90	Margarita Navarro, 96, NAY, (2012) Brenda Reyes, 95, BC, (2012)
Martillo (4.000 Kg)	2007 - 54.49 2009 - 54.24 2011 - 54.18	54.49 Yolanda Gonzalez, 94, BC, 56.75, (2012)	2007 - 51.47 2009 - 49.46 2011 - 51.65	51.65	44.41	Renee Vazquez, 94, BC, (2012)
Jabalina (600 gr)	2007 - 44.82 2009 - 47.10 2011 - 45.88	47.10	2007 - 40.49 2009 - 43.14 2011 - 39.99	43.14	38.64 38.22	Mary Sol Ramirez, 94, BC, (2012) Anyly Coral, 96, QROO, (2012)
Heptatlón	2007 - 4957 2009 - 5164 2011 - 5277	5277	2007 - 4427 2009 - 4627 2011 - 4710	4710	4446 4202	Patricia Mendoza, 94, YUC, (2012) Lizbeth Murillo, 94, SON, (2012)
10,000 mts Caminata	2007 - 54:39.28 2009 - 50:36.40 2011 - 48:15.78	48:15.78 Alejandra Ortega, 94, DF, 47:03.42, (2012)	2007 - 56:40.81 2009 - 59:09.00 2011 - 53:23.41	53:23.41 Jovanna Ortega, 94, IMSS, 51:07.00, (2012)		
4 x 100 mts	2007 - 44.69 2009 - 45.38 2011 - 46.35	44.69	2007 - 45.78 2009 - 46.48 2011 - 47.14	45.78	49.86	Sonora, (2012)
4 x 400 mts	2007 - 3:35.36 2009 - 3:42.17 2011 - 3:42.61	3:35.36	2007 - 3:45.25 2009 - 3:53.37 2011 - 3:46.78	3:45.25	3:56.61	Nayarit, (2012)