

FEDERACION MEXICANA DE ASOCIACIONES DE ATLETISMO, AC
DIRECCION TECNICA
RELACION DE ATLETAS RAMA FEMENIL CON MARCA MINIMA PARA EL
15o.CAMPEONATO MUNDIAL DE ATLETISMO JUVENIL SUB 20, BYDGOSZCZ, POLONIA
ACTUALIZADO AL 1 DE OCTUBRE DEL 2015

PRUEBA	MARCA FMAA 2016	ATLETAS MAS CERCANOS A MARCAS MINIMAS (Temporada 2015-2016) Sub 20 (97, 98, 99 y 2000)	
100 mts.	11.71 Cecilia Tamayo, 97, GTO, 11.56 +2.0w, (2015)	11.87 -0.2w 12.08 +0.3w	Susana Estefania Hernandez Aviña, 99, NL, (2015) Paola Itzel Ascencio Carrillo, 98, JAL, (2015)
200 mts	23.67 Cecilia Tamayo, 97, GTO, 23.66 +1.7w, (2015)	24.64 +0.6w 24.66 +0.2w	Monica Patricia Ortiz Hernandez, 99, OAX, (2015) Patricia Mendoza Falcon, 98, JAL, (2015)
400 mts.	53.94 Paola Moran Errejon, 97, JAL, 53.10, (2015)	54.75 54.94	Itzel Guadalupe Garcia Santos, 97, QRO, (2015) Sofia Bencomo, 99, CHIH, (2015)
800 mts.	2:05:37	2:12.46 2:12.48	Melisa Paredes Contreras, 98, SON, (2015) Jessica Beatriz Martinez Sanchez, 00, VER, (2015)
1,500 mts	4:16.47	4:35.11 4:37.55	Alma Delia Cortez Garcia, 97, MEX, (2015) Karen Michell Vasquez Lopez, 99, QRO, (2015)
3,000 mts.	9:12.32	10:03.24 10:06.15	Karen Michell Vasquez Lopez, 99, QRO, (2015) Nallely Lizeth Mendoza Romero, 97, CHIH, (2015)
5,000 mts.	15:59.72	17:10.63 17:38.30	Abigail Rivera, 97, DF, (2015) Rosa Tapia, xx, SON, (2015)
100 c/v (0.840 mts)	13.35	14.74 14.78 +2.1w	Gisell Guadalupe Rodriguez Ruiz, 98, TAB, (2015) 'Iris Janet Ojeda Estrada, 98, BCS, (2015)
400 c/v (0.762 mts)	58.47 Paola Moran Errejon, 97, JAL, 58.11, (2015)	1:02.01 1:02.57	Celia Minerva Pacheco Morales, 97, GTO, (2015) Lizbeth Oliivas Cervantes, 98, SON, (2015)
3,000m stp	10:18.01	10:56.44 11:39.94	Abigail Rivera, 97, DF, (2015) Ana Victoria Machuca, xx, CHIH, (2015)
Altura	1.83 Ximena Esquivel, 97, QRO, 1.86, (2015) Karla Yazmin Teran Huerta, 98, SON, 1.83, (2015)	1.80 1.75	Danna Garcia Tapia, 97, SON, (2015) Diana Gonzalez, 97, COAH, (2015)
Garrocha	4.10	3.60 3.40	Georgina Gutiérrez Jasso, 97, QRO, (2015) Esmeralda Avalos, 97, NAY, (2015)
Longitud	6.20 Susana Hernandez, 99, NL, 6.40 +0.0w, (2015)	5.87 -0.9w 5.82 +0.8w	Natalia Cardenas Cerda, 98, JAL, (2015) Alondra Bravo, 97, JAL, (2015)
Triple	13.26	12.47 12.13	Alondra Bravo, 97, JAL, (2015) Flor Carolina Romero Carrillo, 97, SIN, (2015)
Bala (4.000 Kg)	15.81	15.30 13.63	Maria Fernanda Orozco Castro, 98, BC, (2015) Ma. Guadalupe Peña Meza, 97, SON, (2015)
Disco (1 Kg)	52.08	49.25 44.77	Alma Pollorena, 98, BC, (2015) Maria Fernanda Orozco, 98, BC, (2015)
Martillo (4.000 Kg)	60.74	59.66 53.47	Victoria Villa, 97, BC, (2015) Miranda Vazquez Rodríguez, 97, BC, (2015)
Jabalina (600 gr)	52.43	48.01 43.50	Luz Mariana Castro, 97, BC, (2015) Ana Karen Hernandez, 97, VER, (2015)
Heptatlón	5,562	4240 4237	Armida Lugo Molina, 97, SON, (2015) Regina Huesca Barrales, 97, MEX, (2015)
10,000 mts Caminata	46:42.06	47:19 48:07	Valeria Ortuño Martínez, 98, DF, (2015) Julia Estrada Martínez, 98, MEX, (2015)
4 x 100 mts	45.29	46.09	Ramos, Moran, Morales, Tavera (JALISCO)
4 x 400 mts	3:39.78	3:45.29	Torres, Tavera, Morales, Moran (JALISCO)

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PRUEBA	MARCA FMAA 2016	ATLETAS MAS CERCANOS A MARCAS MINIMAS (Temporada 2015-2016) Sub 20 (97, 98, 99 y 2000)	
100 mts.	10.47	10.48 +0.8w 10.60	Jesus Renteria, 97, NL, (2015) Horacio Ponce, 97, JAL, (2015)
200 mts.	20.74	21.14 +0.8w 21.17 +0.8w	Jesus Renteria, 97, NL, (2015) Horacio Ponce, 97, JAL, (2015)
400 mts.	46.68	47.40 47.74	Jose Tonatiui Lopez, 97, SON, (2015) Roger Ordaz Alvarez, 98, DF, (2015)
800 mts.	1:48.87 Jesus Tonatiui Lopez Alvarez, 97, SON, 1:48.13, (2015)	1:51.19 1:51.22	Jorge Arturo Montes Barraza, 97, CHIH, (2015) Jose Eduardo Silvestre Rodriguez, 97, GTO, (2015)
1,500 mts.	3:46.47	3:53.07 3:56.13	Jose Eduardo Silvestre Rodriguez, 97, GTO, (2015) Jose Armando Valencia Moreno, 97, PUE, (2015)
5,000 mts.	14:08.93	15:00.50 15:11.30	Michel Ramirez, 97, MEX, (2015) Alejandro Salomon Olvera Escoto, 97, SLP, (2015)
10,000 mts.	29:12.74	30:53.37 31:47.22	Christopher Escamilla Cruz, 97, HGO, (2015) Armando Rabadan, xx, BC, (2015)
110 c/v (0.99 mts)	13.68	14.23 -0.6w 14.23 -1.5w	Pablo Guadalupe Picasso Perez, 97, TAMP, (2015) David Zaith Castro Lopez, 97, NL, (2015)
400 c/v (0.914 mts)	51.39	52.66 54.24	Ricardo Escobar Ramirez, 97, YUC, (2015) Raul Torres Montoya, xx, SIN, (2015)
3,000 mts. steple	8:49.95	9:18.56 9:31.80	Jose Armando Valencia, 97, PUE, (2015) Ayrtton Daniel Ledezma Fuentes, xx, MICH, (2015)
Altura	2.16	2.10 2.08	Roberto Vilches Ruisánches, 99, DF, (2015) David Juarez, 97, JAL, (2015)
Garrocha	5.20	4.70 4.36	Efren Ramirez Noriega, 97, BC, (2015) David Casanova, xx, NL, (2015)
Longitud	7.55	7.47 +0.2w 7.22 -0.2w	Antonio Villegas Jimenez, 99, JAL, (2015) Ever Joel Ponce Gonzalez, 97, CHIH, (2015)
Triple	15.99	14.56 14.18	David Morales, 98, NL, (2015) Ruben Gaspar Tah Chan, 98, QROO, (2015)
Bala (6 Kg)	19.14	15.81 14.90	Jose Julian Higuera Medina, 97, BC, (2015) Gerardo Cervantes, xx, NAY, (2015)
Disco (1.75 Kg)	59.31	48.03 46.48	Gustavo Valencia, 97, NAY, (2015) Jose Julian Higuera Medina, 97, BC, (2015)
Martillo (6 Kg)	73.11	56.72 56.71	Gabriel Vicenzo Zapata Gonzalez, 97, YUC, (2015) Pablo David Acosta Gonzalez, 97, BC, (2015)
Jabalina (800 gr)	68.70	60.51 64.36	Gabriel Zarate, 97, OAX, (2015) Jose Emmanuel Munguia Mejia, 97, BC, (2015)
Decatlón	7,619	6,111 5,906	Jaffet Juarez Bustamante, 97, SON, (2015) Eduardo Esteban Pacheco de Alba, 97, BC, (2015)
10,000 mts Caminata	40:48.62	41:55 42:13	Uriel Hernandez Peralta, 97, JAL, (2015) Noel Ali Chama Almazan, 97, MEX, (2015)
4 x 100 mts	40.32	41.30	Reyna, Castro, Acosta, Renteria, (NUEVO LEON)
4 x 400 mts	3:09.22	3:16.96	Bautista, Allen, Diaz, Mendoza, (JALISCO)