FEDERACION MEXICANA DE ASOCIACIONES DE ATLETISMO, AC.

DIRECCION TECNICA

PROGRESION DE MARCAS DE LOS ATLETAS TOP 10 DEL 2008 AL 2015

RAMA VARONIL

ACTUALIZADO AL 18 DE OCTUBRE DEL 2015

PRUEBA	RKG # ALL TIMES	ALL TIMES	ATLETAS	RKG # 2008	2008	RKG # 2009	2009	RKG # 2010	2010	RKG # 2011	2011	RKG # 2012	2012	RKG # 2013	2013	RKG # 2014	2014	RKG # 2015	2015
	32	2:12:33	**Alejandro Suárez Velázquez, 80, QRO**			3	2:13:33	**1**	**2:12:33**			26	2:24:07	1	2:14:29			1	2:17:21
	42	2:13:06	Daniel de Jesús Vargas Sánchez, 84, GTO	18	2:20:34	13	2:20:12	2	2:14:51	7	2:17:30	**2**	**2:13:06**	16	2:23:37	2	2:16:32	2	2:17:57
	79	2:15:30	Tomás Luna Domínguez, 75, VER	3	2:16:29					5	2:16:58	10	2:17:20	**2**	**2:15:30**	7	2:22:31	3	2:19:13
	129	2:17:31	Pedro Espinoza Perez, 83, TLAX					21	2:23:14	15	2:21:26	12	2:18:46	**4**	**2:17:31**	3	2:18:31	4	2:19:34
	S/R	2:21:02	Alfredo Pascual Martinez, 83, MOR					27	2:25:16			22	2:22:35	19	2:24:15	14	2:25:22	**5**	**2:21:02**
	S/R	2:22:08	Juan Armando Rosales Vazquez, 86, MICH													9	2:23:51	**6**	**2:22:08**
	63	2:14:26	Jesús Primo Capula Torres, 72, MEX			**16**	**2:21:38**							15	2:23:25	24	2:28:00	7	2:22:11
	98	2:16:18	Hugo Romero Mendez, 79, TLAX	12	2:19:34	10	2:18:52	12	2:19:21	**8**	**2:18:03**	14	2:19:29	9	2:21:09	8	2:22:52	8	2:22:14
	S/R	2:21:28	Jhovany Hernández Juárez, 87, TLAX							17	2:22:28	24	2:23:22			**5**	**2:21:28**	9	2:22:57
	S/R	2:23:39	Saby Luna Aburto, 90, VER															10	**2:23:39**
	97	2:16:16	Román Arroyo Trejo, 81, MEX					19	2:23:10	**3**	**2:16:16**			21	2:25:21	13	2:25:16	13	2:24:07
	55	2:14:05	Edilberto Mendez Hernández, 83, TLAX	**6**	**2:16:51**	12	2:20:00	15	2:20:13					22	2:25:39	28	2:28:47	16	2:25:15
	41	2:12:59	Juan Gualberto Vargas Sánchez, 77, GTO	5	2:16:50	**2**	**2:12:59**	11	2:19:20	6	2:17:27	9	2:16:49	5	2:18:27	4	2:18:52	24	2:28:01
	34	2:12:48	**Carlos Cordero Gómez, 77, GTO**	2	2:13:28	**1**	**2:12:48**	6	2:18:00	1	2:13:13	6	2:15:16	7	2:20:03	16	2:25:58	S/R	2:31:01
	4	2:08:55	**Jose Antonio Uribe Marino, 86, MEX**									1	2:12:43			1	**2:08:55**		
	S/R	2:19:44	Sergio Reyes Carranza, 80, MEX	13	**2:19:44**									12	2:22:30	6	2:22:18		
Maratón	S/R	2:18:34	Abraham Noguez Eguizabal, 82, MEX	14	2:19:57	33	2:27:16	**9**	**2:18:34**	11	2:20:28					10	2:24:17		
	83	2:15:40	Sergio Pedraza Gonzalez, 81, MEX			9	2:18:43	7	2:18:11	16	2:21:31	**7**	**2:15:40**	3	2:17:21	18	2:26:25		
	132	2:17:48	Jonnatan Morales Serrano, 80, DF	**7**	**2:17:48**	11	2:19:10	37	2:27:25			23	2:23:16	14	2:23:06	23	2:27:30		
	125	2:17:17	Fidel García Quintana, 76, MEX	8	2:18:16	**7**	**2:17:17**	14	2:19:53	9	2:18:48	29	2:24:27	17	2:23:40	25	2:28:01		
	133	2:17:51	Jose Ascencion Arredondo Espericueta, 70, SLP	16	2:20:08	17	2:22:25	**5**	**2:17:51**	14	2:21:21	15	2:19:54	8	2:20:36	29	2:29:45		
	S/R	2:19:32	Dionicio Castillo Calvarin, 82 , MEX											**6**	**2:19:32**				
	56	2:14:10	Juan Luis Barrios Nieves, 83, MEX							**2**	**2:14:10**			10	2:21:47				
	121	2:17:15	Arturo Regules Jardon, 75, MEX					**4**	**2:17:15**					23	2:26:05				
	61	2:14:24	Oscar Mateo Ceron Santos, 83, HGO							18	2:22:34	**4**	**2:14:24**	27	2:29:08				
	90	2:16:03	Carlos Campos Calzada, 89, MEX									**8**	**2:16:03**	S/R	2:36:16				
	49	2:13:31	Arturo Malaquias Delgado, 75, MEX			6	2:15:38	3	2:15:57	4	2:16:46	**3**	**2:13:31**						
	67	2:14:47	Juan Carlos Romero Bernal, 77, ZAC	9	2:18:49			44	2:28:17			**5**	**2:14:47**						
	S/R	2:18:36	Andrés Juárez Capilla, 77, TLAX	11	2:19:20	23	2:24:35	**10**	**2:18:36**	12	2:20:29	16	2:20:37						
	23	2:11:44	Francisco Bautista Cuamatzi, 72, TLAX			**4**	**2:14:02**			20	2:23:16	49	2:29:52						
	80	2:15:34	Odilón Cuahutle Rojas, 70, TLAX	4	2:16:42	**5**	**2:15:34**	23	2:24:03	10	2:19:57								
	117	2:17:07	Alfredo Gómez Carmona, 79, MEX	**10**	**2:19:03**			17	2:22:29	27	2:25:37								
	22	2:11:42	**Procopio Franco Hernandez, 70, MEX**	**1**	**2:12:38**	8	2:17:22	8	2:18:28										